

THE POWER OF INTENTION

with Jeff T. Osborne

Intention is the key to you realizing everything single thing in your life. Intention means an aim or a plan, physically, emotionally, and spiritually.

- 1. State your intention**
- 2. Be clear**
- 3. Make sure your intentions are positive (I WILL)**
- 4. Keep your intentions simple**
- 5. Intention determines what gets your attention**
- 6. Shift any limiting beliefs**

HOW TO SET INTENTIONS

- 1. Who am I?**
- 2. What do I really want?**
- 3. How can God serve through me?**

SET YOUR DAYS

Mindful Mondays

Training Tuesdays

Winning Wednesdays

Thoughtful Thursdays

Fresh Fridays

THIS IS YOUR
JORDAN YEAR.
YOU DESIGN THE
SHOES YOU WALK
IN — YOUR
FAMILIES,
CAREER,
LEADERSHIP.

— JEFF T. OSBORNE